



# Register now for the 13th Annual Healthy Kids Run Series!

## Earn Awesome Prizes!

- Participate in 4 runs and receive a drawstring backpack.
- Participate in 5 runs and receive a drawstring backpack and \$10 Target gift card.
- Participate in 6 runs and receive a drawstring backpack, \$10 Target gift card, and a t-shirt.
- Participate in 7 runs and receive a drawstring backpack, \$10 Target gift card, t-shirt, and trophy.
- Participate in 8 runs and receive a drawstring backpack, \$10 Target gift card, t-shirt, trophy and **one entry** into our prize drawing for 5 iPod shuffles, 5 pairs of running shoes, and 5 \$50 gift cards for Dick's Sporting Goods.
- Participate in all 9 runs and receive a drawstring backpack, \$10 Target gift card, t-shirt, trophy and **one entry** into our prize drawing for 5 iPod shuffles, 5 pairs of running shoes, and 5 \$50 gift cards for Dick's Sporting Goods, and **one entry** into our **grand** prize drawing for a Nintendo Wii and a bike.

## Here's How:

**All elementary students\* ages 5-12 are eligible to register for the Run Series!**

- Complete the registration form to receive a free, Healthy Kids Run Series punch card.
- Each of the runs listed in the series will offer a **free**, 1-mile non-competitive Kid's Fun Run - cards will be punched at the end of each run; shorter distances may be available in several of the events for younger runners!
- Times and details for each of the runs will be mailed to Run Series participants prior to each run. Race information will also be posted on our website [www.pvhs.org/healthykidsclub](http://www.pvhs.org/healthykidsclub).

\* Please adhere to the age requirements. Children under 5 are not eligible to register for the Run Series but are welcome to participate in the fun runs and receive the giveaways provided by the runs (if applicable). Teens 13-18 are invited to participate in the Fit.Teen Run Series. Registration forms at [www.pvhs.org/healthykidsclub](http://www.pvhs.org/healthykidsclub).

Kids can also get credit for registering for running the longer events in each of the Series races (fee and separate registration required); just save your race number and send it, or a copy, to receive your prizes. Punch cards will only be punched after the Kid's Fun Run.

## Join the Fun! Earn Prizes!

The 13th Annual Healthy Kids Run Series includes 9 local fun runs. All runs are free, non-competitive 1mile fun runs.

<b>Colorado Marathon</b>	Sunday, May 1st downtown Fort Collins
<b>Father's Day 5K</b>	Sunday, June 19th downtown Fort Collins
<b>Loveland Classic</b>	Saturday, July 16th Loveland Motorplex
<b>Run for Hope</b>	Saturday, July 23rd City Park, Fort Collins
<b>Human Race</b>	Sunday, August 6th downtown Fort Collins
<b>Colorado Run</b>	Monday, September 5th CSU Oval
<b>Berthoud Family Fun Run</b>	Saturday, September 10th Berthoud Town Park
<b>Homecoming Run</b>	Saturday, October 1st CSU Oval
<b>Heart Center 1/2 Marathon at Boyd Lake</b>	Saturday, November 5th Boyd Lake State Park

*Kids can get credit for an extra run by participating in CARA Track and/or the Fort Collins Kid's Triathlon; no other substitutions accepted.*

*(May include more than one child)*

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City/State/ZIP \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Age(s) \_\_\_\_\_ School \_\_\_\_\_

Mail registration form (or register online at [www.pvhs.org/healthykidsclub](http://www.pvhs.org/healthykidsclub)) to: **Alyssa Serchia, PVHS - Healthy Kids Club, 1024 S. Lemay Avenue, Fort Collins, CO 80524**, by April 25 to ensure that you receive your punch card prior to the first run. Registrations are accepted anytime prior to the Colorado Run.

**Questions?** [healthykidsclub@pvhs.org](mailto:healthykidsclub@pvhs.org)